

Victory Lake Conference and Camp Center

BRUNCH MENU

MENU 1

Whole Wheat Bread
Scrambled Eggs
Scrambled Tofu
Vegetable Rice
Stewed Beans
Vege Meat
Cereal (hot / cold)
Fresh Salad
Juice
Ice Cream
Tea / Water

MENU 2

Coconut Bake
Tuno
Eggplant Choka
Cereal (hot / cold)
Pumpkin Rice
Vege Meat
Garden Salad
Fruit Salad
Juice
Cake
Tea/ Roma /Water



MENU 3

Assorted Bread
Egg Frittata
Scrambled Tofu
Oatmeal
Green Bananas
Dumplings
Stewed Lentils
Caribbean Fish
Fresh Salad
Juice
Watermelon
Tea/ Roma / Water

MENU 4

Whole Wheat Bread
Assorted Bagels / Muffins
Creamed Cheese
Boiled Eggs
Baked Tofu
Cereal (Hot /Cold)
Saffron Rice
Vegetables
Vege Meat
Toss Salad
Fruit Salad
Juice
Tea / Roma / Water





MENU 5

Whole Wheat Bread
Scrambled Eggs / Tofu
Cereal (Hot /Cold)
Steamed Yucca
Dumplings
Steamed Cabbage & Carrots
Vege Ackee & Saltfish
Salad
Sweetbread
Fruit Juice
Tea / Roma / Water

MENU 6

Multigrain Bread
Egg Frittata
Scrambled Tofu
Oatmeal
Rice & Peas
Stewed Beans
Vege Meat
Fresh Salad
Fruit Salad
Tea / Juice / Water

