

# **Victory Lake Conference and Camp Center Programs**

## **LUNCH MENU 1**

*Vegetable Rice*  
*Macaroni & Cheese*  
*Stewed Red Beans*  
*Vege Meat*  
*Dinner Rolls*  
*Fresh Salad*  
*Carrot Cake*  
*Juice /Water*

## **LUNCH MENU 2**

*Calypso Rice*  
*Scalloped Potatoes*  
*Stewed Lentils*  
*Vege Meat*  
*Assorted Dinner Rolls*  
*Fresh Salad*  
*Fruits*  
*Assorted Cakes*  
*Juice /Water*



### **LUNCH MENU 3**

*Spinach Rice*

*Stewed Beans*

*Vege Meat*

*Cold Slaw*

*Watermelon*

*Apple Pies / Ice Cream*

*Fruit Juice*

*Water*

### **LUNCH MENU 4**

*Black Rice*

*Eggplant Roll up*

*Stewed Red Beans*

*Vege. Meat*

*Fresh Salad*

*Assorted Cake*

*Fruit Juice*

*Water*





## LUNCH MENU 5

*Rice and Peas*  
*Garlic Infused Green Beans*  
*Vege Meat*  
*Potato Salad*  
*Sweet Fruit Bread*  
*Fresh Salad*  
*Fruit Juice*  
*Water*

## LUNCH MENU 6

*Carrot Rice*  
*Macaroni & Cheese*  
*Stewed Lentils*  
*Vege Meat*  
*Fresh Salad*  
*Apple Pie*  
*Juice / Water*





## **LUNCH MENU 7**

*Scalloped Potato*  
*Stewed Pinto Beans*  
*Sauteed Vegetables*  
*Vege Meat*  
*Fresh Salad*  
*Cake*  
*Ice Cream*  
*Fruit Juice*  
*Water*

## **LUNCH MENU 8**

*Rice and Peas*  
*Steamed Vegetables*  
*Steamed Ripe Plantain*  
*Vege Meat*  
*Assorted Cookies*  
*Fresh Salad*  
*Fruit Juice*  
*Water*





## **LUNCH MENU 9**

*Pasley Brown Rice*

*Macaroni Pie*

*Stewed Red Beans*

*Vege meat*

*Lemon Cake*

*Fresh Salad*

*Fruit Juice*

*Water*

## **LUNCH MENU 10**

*Fried Rice*

*Corn Roast*

*Sauteed Vegetables*

*Vege Meat*

*Fresh Salad*

*Assorted Cakes / Ice-cream*

*Juice*

*Water*

